



boundless BY CSMA

# March 2025 Edition Norwich Group Newsletter Memories of 1950s Norwich

## Thursday 13<sup>th</sup> March



Please join us in discovering the history of Norwich. An enlightening afternoon as we delve into the fascinating story of Norwich in the 1950s, led by our guides Michael & Frances Holmes of Norwich

Heritage Projects, their talk promises to transport you through time.

Our venue enhances the experience with delicious meals and refreshments available before and after the talk, making it the perfect opportunity to enjoy great food and great company.

Don't miss this intriguing journey into Norwich's past!

The event is free to attend but you have to buy your own food and drink.

**We look forward to seeing you there.**

## *Filby Bridge Spring Lunch*

### Thursday 27<sup>th</sup> March

**Filby Bridge Restaurant, Main Road, Great Yarmouth NR29 3AA**



Join us at the Filby Bridge Restaurant for our first meal of 2025. Price 2 course £24., 3 course £30. Any special dietary requirements can be discussed directly with the restaurant on 01493 368142, but please mention them on the completed order form

**We look forward to seeing you there**

The opinions and recommendations in this newsletter are those of the individual contributors and not necessarily those of Boundless by CSMA, the editor or the Norwich Group

Menu	Selection	
Breaded Mushrooms with Garlic dip		
Deep fried Camembert with cranberry sauce		
Prawn Cocktail		
Homemade Steak & Ale suet pudding		
Grilled Haddock with chips and peas		
Fried Haddock with chips and peas		
Roast Chicken		
Braised Steak & Onions in red wine gravy		
Homemade vegetable Lasagna Chips & Peas		
Homemade Apple crumble & custard		
Homemade Lemon Cheesecake		
Eaton Mess		
Warmed Chocolate Fudge cake		

**Followed by tea/coffee**

**Name:**

**Address:**

**Meals are - 2 courses @ £24; 3 courses @ £30.**

**Payment of £..... enclosed - 2-course &..... 3-course meals**

All meals must be pre-ordered & paid for by **Wednesday 19<sup>th</sup> March**

Please make cheques payable to **“C S M A Ipswich Group”**

Or BACS sort code 09-01-52 account number 01676508

And send to

**[norwichgroup@boundlesscommunity.co.uk](mailto:norwichgroup@boundlesscommunity.co.uk)**

Post Bob Thomas, 1 St Mary's Close, Trimley St Mary, Felixstowe, IP11 0TY

# Dunwich Heath talk

Thursday 10<sup>th</sup> April



We present a talk by historian Richard Symes on the fascinating history of Dunwich Heath.

Dunwich Heath is a pretty isolated spot on the Suffolk coast - it is pretty and well away from anywhere - but it has a fascinating history. Local historian Richard

Symes has made a detailed study of the place and even written a book on the subject.

Come and hear what he has to say about this intriguing location.

Refreshment will be available to purchase after the talk.

**All welcome.**

# “The Fishermen’s Mission”

Thursday 8<sup>th</sup> May



What ever the weather people working in the fishing industry still have to put to sea to bring ashore the catch.

Theirs is one of the most dangerous occupation there is, and the role of the Fishermen’s mission is to provide help and assistance to people in the industry if there is injury or loss.

Andy Malcolm is our local representative and will give us the full story of the organisation and the help it provides. Come and hear about one of the hardest jobs going.

Refreshment will be available to purchase after the talk.

**All welcome.**

## **Norwich Group Communications**

For up-to-date information on forthcoming Norwich Group events,

see: - **The latest edition of your newsletter.**

**Our home page at - [boundless.co.uk/norwich](http://boundless.co.uk/norwich)**

**Call Leader Mike Holmes on 01508 558312**

**email [mike.holmes377@outlook.com](mailto:mike.holmes377@outlook.com)**

**Please send change of address details & articles for  
inclusion in the next edition to Mike Holmes**

**by Monday 10<sup>th</sup> March 2025.**

We respect your privacy and if you no longer wish to receive this newsletter, please let us know by email to [norwichgroup@boundlesscommunity.co.uk](mailto:norwichgroup@boundlesscommunity.co.uk)

**unless stated otherwise Club events begin at 2pm in  
the meeting room at**

**“The Sugar Beat” bar and restaurant, Norwich Rd  
Swainsthorpe Norwich NR14 8PU.**

**You can have lunch in the restaurant before our event.**

**Would you believe it!**

### **Apples**

Did you know there are so many different varieties of apple that if you ate a different one every day, like the Doctors tell us, it would take around twenty years to try them all.

### **Nicotine**

Did you know that Nicotine is poisonous to insects and as we now know it's not too good for us humans either.

# The A-Z of Curious Norfolk



For our February talk we had Sarah Doig give us her look at some of the curious things which have taken place in Norfolk. Sarah is interested in several aspects of our local history, and here she gave us an illustrated account of some of the more unusual things which took place in the county. She categorizes them

alphabetically, with a number of events linked together under each letter. She has managed to fill a whole book on the topic, so she only had time to share a few of them with us.

Some examples (very briefly) are for B we had Black – and the author of the novel *Black Beauty* Anna Sewell was born in Gt Yarmouth in 1820, and the novel was published by Jarrolds (the Norwich printers) in 1877. Then for G we had Green – and the village of Congham holds the world snail-racing championship at which the winner receives a silver tankard filled with lettuce leaves. Another example was for K she described a Knight – the one used by Anglia TV as their station identity. She has also managed to find examples for Q – Queen Boadicea of the Iceni tribe and X – for the xenophobia seen in the anti-German sentiment during World War One.

Some of the events were a little gruesome by today's standards – thus there was the last judicial beheading in the country in November 1885, some 130 years after the previous one, when a hanging went terribly wrong (I will spare you the details!). Another is the family tomb of the Hare family in the church of the village of Stow Bardolph where, instead of the usual statue or memorial stone, there is an extremely lifelike wax effigy of the family member, hidden behind the door of the cabinet. These were presented under the letter H for Heads (of course).

So, we had an eclectic mix of people and events from across the county, neatly assembled into pigeon-holes and presented to us in an entertaining manner.

***Scribus Gippysvensis***

# ¿Quiz Time?

## Pot Luck Quiz 1

1. What word can go after `hobby` and before `radish`.
2. Who invented Braille.
3. In the song, who was born `on a mountain top in Tennessee`...
4. What is Kampuchea now called.
5. What word can go before `draft`, `flow` and `Shadow`.
6. Which boys recorded `Barbara Ann` in the 60s.
7. Iceberg and Dorothy Perkins are examples of what.
8. A revolving firework is named after which saint.
9. Which Italian phrase used in English means in the fresh or cool air.
10. Which group had a No. 1 with `Hey Jude`.

## East Coast Quiz Answers

1. What is the name of the official Suffolk County flower ..... **Oxlip**
2. Name the activities pertinent to the following three words .....
  - a. Sheet, halyard, tiller..... **Sailing**
  - b. Float, hawk, thistle ..... **Plastering**
  - c. Skillet, rosemary, curdle ..... **Cooking**
3. What animal is a flittermouse in old Suffolk. .... **A bat**
4. How long is Orford Ness. .... **10 miles**
5. What is the difference between a gaggle and a skein (pronounced skayne) of geese. .... **A gaggle is on the ground, a skein is in flight**
6. A Lowestoft Herring Girl could gut how many herring in a minute on average? ....10, 20, 40 or 80 ..... **40**
7. What year did the great storm at Dunwich occur. .... **1286**
8. How many churches in Dunwich were recorded in the The Domesday in 1086..... **Three**
9. What was the estimated population of Dunwich in 1086..... **3000**
10. How many islands are there in Suffolk..... **One....Havergate Island**

# Coming to Peterborough in March

Peterborough Group



Wednesday 5<sup>th</sup> March 2025 at 7.30pm

## + The Devil's Drink



Milton Golf Club, Peterborough PE6 7AG

After the formalities have been completed, Mike Wabe will introduce us to the drink once scorned as the Devil's drink, coffee has triumphed over centuries of scepticism to become a beloved global phenomenon, and now is your chance to discover its rich history. Originating in Ethiopia, where its stimulating properties were first discovered by goat herders, this miraculous beverage soon captivated the world. However, coffee faced opposition from religious authorities in the Middle East and Europe during the 16th century.

Learn about today's coffee culture, how it began and the history of the 4 main coffee sellers in the country, and hear about some of the weird, wonderful and strange facts about this beverage.

Discover the history of coffee in every sip

**We look forward to seeing you there.**

# Coming to Ipswich in March

## My Long Lost Family

Wednesday 12<sup>th</sup> March



The Ipswich Group would like you to join them for a talk from Tony Friedlander - My Long Lost Family. He is someone who became detached from his birth family through a series of historical events. Come and hear how he was able to piece together his own personal history, and see what lessons there are for all of us.

Tea and Coffee will be available after the talk.

**All welcome.**

-SINCE-  
1923

# Working in or retired from the public sector or civil service?

It's time for  
fun and new  
experiences.



Find out more today at  
[boundless.co.uk](https://boundless.co.uk)

For details of the Norwich Group, email  
[norwichgroup@boundlesscommunity.co.uk](mailto:norwichgroup@boundlesscommunity.co.uk)

Terms and conditions apply. Visit [boundless.co.uk](https://boundless.co.uk) for more information.

boundless  
BY CSMA

boundless BY CSMA